

To Get Started

Call our office to schedule an appointment. An initial assessment will determine the appropriate treatment approach using our continuum levels of care. If additional treatment is indicated, the Intake Counselor will recommend the most effective method of treatment, which may include group counseling, workshops, or individual counseling.

**Our door is always open,
please walk-in or call us today.
Caring, Local, Compassionate,
Professionals.**

We are here to help.



Who We Are

North Warren Counseling Center (NWCC) is the latest entity of Little Hill Foundation, which is a not-for-profit organization founded in 1957. For over 60 years we have been a leading provider of long term substance abuse residential treatment. More recently, we have identified the need in our community to provide short term outpatient care with the understanding that early intervention is crucial. As a result, we are proud to introduce North Warren Counseling Center. NWCC offers a comprehensive treatment experience for families struggling with mental health and addiction. We are invested in our community's needs and want to offer support by providing an array of services. Our goal is to make treatment affordable, easy to access, all while providing quality services by compassionate and experienced counselors.



North Warren Counseling Center

13 Stillwater Road
Blairstown, NJ 07825
908-362-5700

NorthWarrenCounselingCenter.org

**NWCC is licensed through the
state of New Jersey.**

INSURANCE ACCEPTED

Little Hill Foundation is a 501(c)3 not-for-profit organization which operates North Warren Counseling Center.



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Where Healing Begins

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What We Do

North Warren Counseling Center provides outpatient substance abuse treatment and mental health services for adults and adolescents. Our Substance abuse treatment is guided by a 12-step, abstinence based philosophy, and our comprehensive mental health service encourages a safe nurturing environment allowing for personal growth and healing.

Our services are client based and delivered by empathetic clinicians who are sensitive to the needs of diverse backgrounds, cultures, ethnic groups, ages, and ability and are LGBTQ affirming.

Intensive Outpatient Program (IOP)

The Intensive Outpatient Program (IOP) is a structured, short-term treatment program designed for adults and teens (ages 13-18) who have begun to struggle in their day-to-day lives with substance abuse. Our IOP offers a flexible schedule to remove barriers to treatment, making it convenient with every day obligations. Our treatment team works closely with parents, families and schools to ensure comprehensive care.

- Individual, Group and Family Counseling
- Drug Education
- DBT (Dialectical Behavioral Therapy)
- CBT (Cognitive Behavioral Therapy)
- Coping Skills Training
- Emotional Processing
- Weekly Drug Testing
- Relapse Prevention Education

Outpatient Program (OP)

The Outpatient program provides one-to-one counseling services and group therapy. Clients at this level of care will explore a variety of concerns which may prevent them from functioning at their optimum levels. Services include both mental health and addiction. Examples of treatment at this level of care include:

- Level of Care Assessment
- Addiction/Relapse Prevention
- Body Image/Disordered Eating
- Anxiety
- Depression
- Self-Harm
- Grief and Loss
- Trauma

