



To Get Started

Call our office to schedule an appointment at 908-362-5700. An initial assessment will determine the appropriate treatment approach.

**Our door is always open,
please walk-in or call us today.
Caring, Local, Compassionate,
Professionals.**

We are here to help.



Who We Are

North Warren Counseling Center (NWCC) is the latest entity of Little Hill Foundation, which is a not-for-profit organization founded in 1957. For over 60 years we have been a leading provider of long term substance abuse residential treatment. More recently, we have identified the need in our community to provide short term outpatient care with the understanding that early intervention is crucial. As a result, we are proud to introduce North Warren Counseling Center. NWCC offers a comprehensive treatment experience for families struggling with mental health and addiction.

We are invested in our community's needs and want to offer support by providing an array of services. Our goal is to make treatment affordable, easy to access, all while providing quality services by compassionate and experienced counselors.



North Warren Counseling Center

13 Stillwater Road
Blairstown, NJ 07825
908-362-5700

NorthWarrenCounselingCenter.org

**NWCC is licensed through the
state of New Jersey.**

INSURANCE ACCEPTED

Little Hill Foundation is a 501(c)3 not-for-profit organization which operates North Warren Counseling Center.



North Warren Counseling Center

Where Healing Begins

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The mission of North Warren Counseling Center is to provide substance abuse treatment and mental health care for adults, adolescents and their families.

NWCC is committed to delivering specialized and compassionate outpatient care while maintaining the integrity that Little Hill Foundation began over 60 years ago.

What We Do

North Warren Counseling Center (NWCC) provides outpatient substance abuse and mental health treatment for adults and adolescents. Our behavioral health services are delivered in a safe, nurturing environment allowing for personal growth and healing. The services are individualized and delivered by empathetic and culturally sensitive clinicians who are ethically sound and affirmative. Our treatment team works collaboratively with parents, families, schools, and other providers to ensure appropriateness in care.

NWCC provides adolescent and adult treatment for substance use disorder and mental health services including Intensive Outpatient (IOP) and Outpatient (OP) programs.

Substance Use Disorder

Our IOP is a structured treatment environment designed for adults and adolescents struggling with substance abuse. Included in our 12-week curriculum are 9 hours of groups, weekly individuals and family sessions. Our treatment program incorporates random drug testing as well as:

- Drug Education
- DBT (Dialectical Behavioral Therapy)
- CBT (Cognitive Behavioral Therapy)
- Intro to 12 step-based models/self-help groups
- Trauma Focused Therapy
- Emotional Processing
- Relapse Prevention Education
- Coping Skills Training

Mental Health Services

Individuals seeking help are paired with one of our caring professionals who have an array of expertise including:

- Body Image/Disordered Eating
- Anxiety
- Depression
- Self-harm
- Grief and Loss
- Trauma
- Aging Advocacy
- PTSD

